



Perth Voices Clinic

Trauma and Hearing Voices

Many people who report hearing voices also report having a history of trauma or neglect. It is possible that this trauma may play a significant role in the voice hearing experience, and thus warrants psychological treatment to help resolve such underlying issues.

Perth Voices Clinic is now offering a psychological therapy named **Imagery Rescripting** to people who hear voices and report a history of trauma or neglect. Unlike typical trauma therapies, this intervention helps empower the individual without requiring them to re-live the highly distressing elements of traumatic memories.

The therapy will be delivered by either Dr Georgie Paulik-White or Dr Caitlin Reddyhough, both registered clinical psychologists who have extensive experience delivering and developing psychological therapies for voice hearers. The assessment and therapy will be run over 10, fifty-minute sessions.



*The **Perth Voices Clinic** is a psychological treatment and research clinic for people who hear voices or have other unusual perceptual experiences. It also provides a facility for advanced training of future clinical psychologists and other mental health professionals.*

Location

Perth Voices Clinic runs from Murdoch University Psychology Clinic (Building 440 Social Sciences), Murdoch University, 90 South Street, Murdoch, WA 6150.

Referrals & Fees

Anyone can refer to the Perth Voices Clinic. We encourage you – the voice hearer – to call to make your first appointment. We are NDIS registered. If you are not NDIS registered, you will need a GP referral / Mental Health Care Plan and there will be a small gap fee for each session.

Enquiries / Referrals

Tel: 0477 453 264

E: georgiepaulik@perthvoicesclinic.com.au

GP referrals can be emailed to georgiepaulik@perthvoicesclinic.com.au

Web: www.perthvoicesclinic.com.au