



Perth Voices Clinic

Trauma and Hearing Voices

Many people who report hearing voices also report having a history of trauma or neglect. It is possible that this trauma may play a significant role in the voice hearing experience, and thus warrants psychological treatment to help resolve such underlying issues.

Perth Voices Clinic is now offering a psychological therapy named **Imagery Rescripting** to people who hear voices and report a history of trauma or neglect. Unlike typical trauma therapies, this intervention helps empower the individual without requiring them to re-live the highly distressing elements of traumatic memories.

The therapy will be delivered by Dr Georgie Paulik-White, a registered clinical psychologist who has extensive experience delivering and developing psychological therapies for voice hearers. The assessment and therapy will be run over 10 fifty-minute sessions.



*The **Perth Voices Clinic** is a psychological treatment and research clinic for people who hear voices or have other unusual perceptual experiences. It also provides a facility for advanced training of future clinical psychologists and other mental health professionals.*

Location

Perth Voices Clinic runs from Murdoch University Psychology Clinic (Building 440 Social Sciences), Murdoch University, 90 South Street, Murdoch, WA 6150.

Referrals & Fees

Anyone can refer to the Perth Voices Clinic. We encourage you – the voice hearer – to call to make your first appointment. However, we request that you receive a Mental Health Care Plan from your GP with a referral to the Perth Voices Clinic (clinical psychology) prior to your first appointment.

There are no out-of-pocket fees for our service. We will bill your NDIS plan (if you have one), else will bulk bill through Medicare.

Enquiries / Referrals

Tel: 0477 453 264

E: georgiepaulik@perthvoicesclinic.com.au

GP referrals can be emailed to georgiepaulik@perthvoicesclinic.com.au

Web: www.perthvoicesclinic.com.au